

The secret is out . . .

The secret is out – and skinny tires are in! Whether you ride for fun or like to push the pace for training, Moab has some of the best road bike riding in the West! Our paved roads generally have little traffic and the terrain varies from mild to wild, with flats, rolling hills and steep sections to really get your heart pumping. You won't find a more scenic place to ride!

Our year-round weather is ideal. In summer, ride early in the day and enjoy the cool breeze you generate as you pedal along. In winter, our sunny days and low precipitation make for ideal riding conditions to stay in shape and get a jump on the competition. Spring and fall in Redrock Country are legendary for their mild temperatures and perfect conditions. However, our weather conditions can change at any time of year so check the local forecast, carry appropriate clothing and bring plenty of water and snacks.

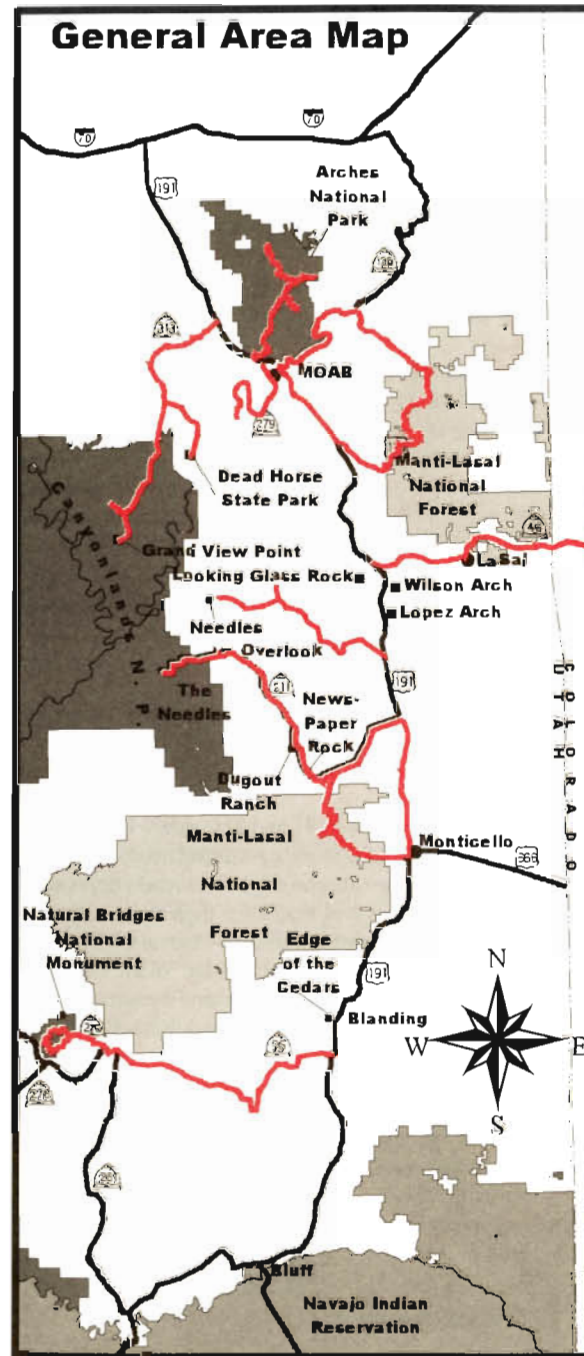
We hope this inspires you to bring your road bike the next time you visit Moab. Stop by Poison Spider Bicycles and say hello to our friendly crew. PSB has a fleet of road bikes for rent by the day or week. We also have road bike parts and accessories. PSB has the staff to take care of all your repairs, from a flat tire to a complete custom road bike build. Come in a use our free public workstand and tools. Our showers are hot and clean, our Gazebo shaded and cool.

Produced by:
Poison Spider Bicycles

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Climate Chart

	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Average Fahrenheit Temperatures												
Hi.	41.9	50.5	61.7	72.1	81.7	92.7	97.7	94.8	86.4	73.2	56.7	44.1
Lo.	17.8	24.4	32.7	40.5	48.4	55.8	62.4	60.8	51.3	39.4	28.2	20.1
Precipitation in Inches												
	0.63	0.29	1.07	0.76	0.71	0.51	1.15	0.92	0.69	1.01	0.86	0.61
Percent of Sunshine												
	56	64	60	68	74	83	77	79	80	75	63	60



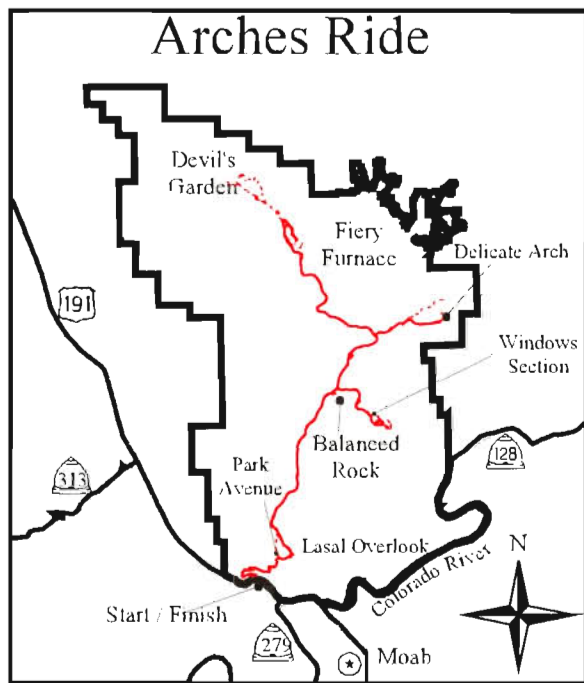
Road Bike Guide MOAB



*Home of the Moab
Skinny Tire Festival*

visit us at:

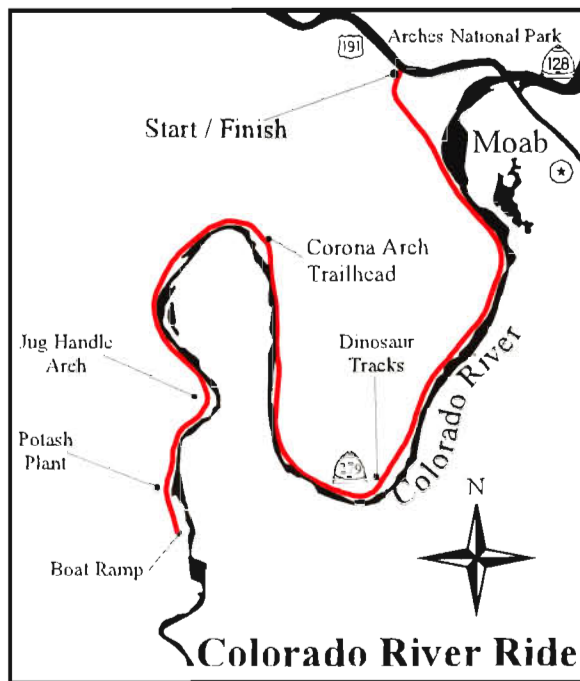
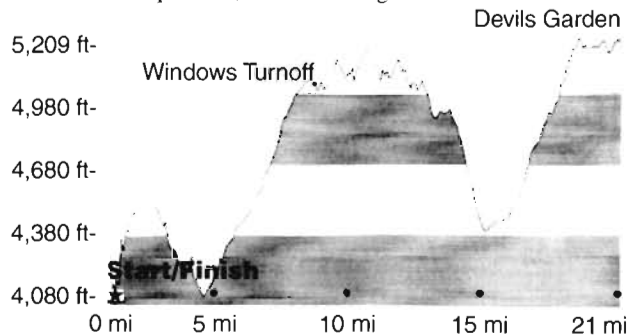
www.skinnytirefestival.com



Arches National Park

*Length: 41 miles total - out and back to Devils Garden.
Start: Arches Visitor Center (5 mi. north of Poison Spider Bicycles on Hwy 191). One suggestion for shortening this ride is to turn around after you've toured the Windows Section of the park for a 19.2 mi. round trip ride. User fee or a Park Pass is required in the National Park.*

This is one of the finest bike rides in the U.S.! The scenery is unparalleled with multi-colored sandstone arches and pinnacles set against a backdrop of the La Sal Mountains towering nearly 8000 ft. above. The mileage and elevation profile includes a must-see side trip to the Windows Section to view some of the largest and most accessible arches in the park. Short walking trails lead to each of the arches. Other attractions along the way include Balanced Rock, perched atop a 128 ft. pedestal; Fiery Furnace, a maze of redrock fins; and Skyline Arch. The turn-around point is Devils Garden Trailhead, where you'll find some of the best hiking in the park, including a hike to 300 ft. wide Landscape Arch, one of the largest arches in the world!.



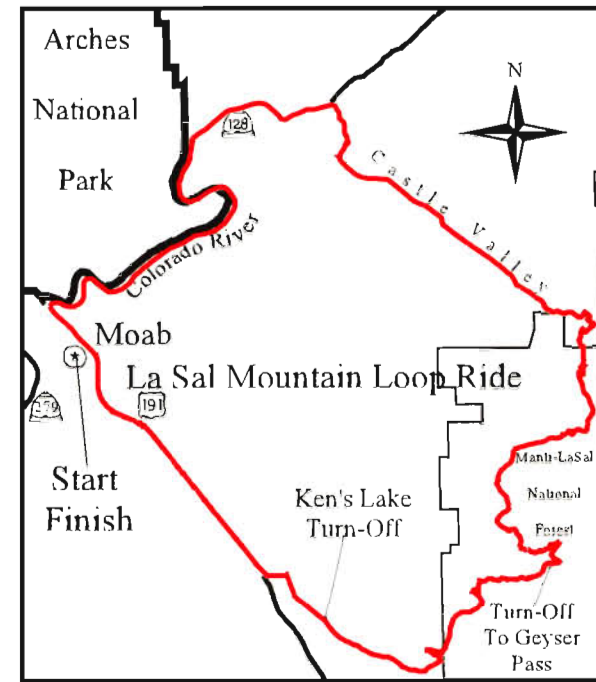
Colorado River Ride - (a.k.a.) The Potash Road

Length: 33.4 miles total - out and back to the Colorado River boat ramp.

Start: Junction of Hwy 191 and 279 (4 miles north of Poison Spider Bicycles). To shorten this ride, drive in a few miles to any of the numerous parking places along Hwy 279.

This beautiful ride follows the Colorado River and has only one small rise near its start at the junction of Hwy 191 and 279. Its relatively flat profile makes it a great training ride for speed work and a perfect family ride, too. Along the way you'll pass Wall Street, a popular climbing area where you can watch climbers scaling vertical sandstone walls. Within a mile are two roadside signs pointing to some of the finest petroglyphs in the Moab area, and there are other rock art panels along the way - so keep an eye out. If this isn't enough, there is also a roadside pullout to view dinosaur tracks, and farther downstream is the aptly named Jug Handle Arch, over 46 feet high and only 3 feet wide. The ride then passes the Moab Potash Plant, where large domed buildings house this snow-white mineral used in making fertilizer. In a little over a mile the ride and the pavement end at the Colorado River boat ramp, a nice spot to stop for a snack before you turn back and retrace your route.

(No Elevation profile - Flat ride)

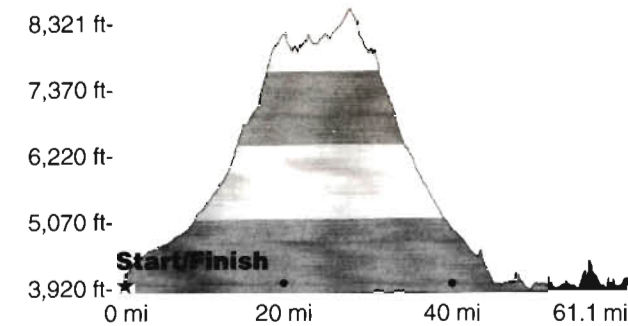


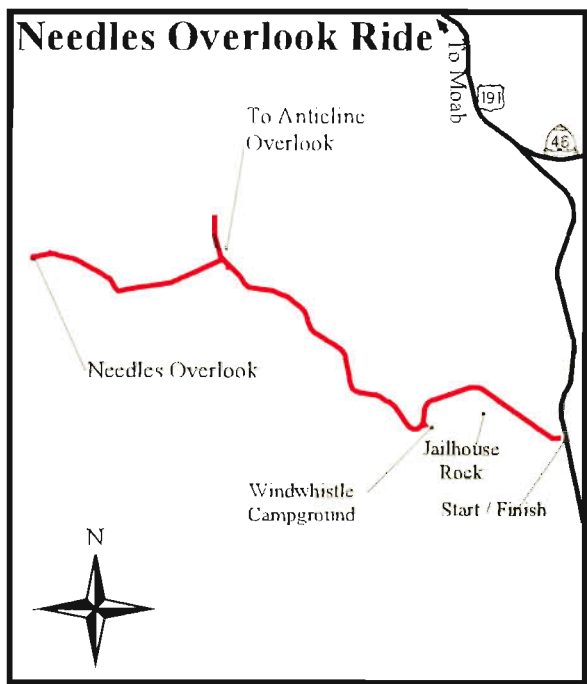
La Sal Mountain Loop Road

Length: 62 mile loop (can be ridden either direction)

Start: Poison Spider Bicycles

This tour has it all - beautiful redrock canyon scenery and stunning alpine vistas of the La Sals, the second highest mountain range in Utah. Get an early start from Poison Spider Bicycles and head south on Hwy. 191 for a gradual climb up the Moab Valley. At mile 8.2 take the left turn for Ken's Lake and follow the signs for the La Sal Loop Road. Just past the lake you'll start a long climb up into the pines, scrub oaks and aspens of the La Sals. The climb is continuous and demanding, but the scenery is outstanding. After cruising along the top of the world at 8,000 feet, you'll descend into Castle Valley with its famous rock pinnacles The Priest and Nuns, and Castle Rock. The descent through the valley ends at the Colorado River where you turn left and follow the river road, Hwy. 128, as it winds its way back to Moab.

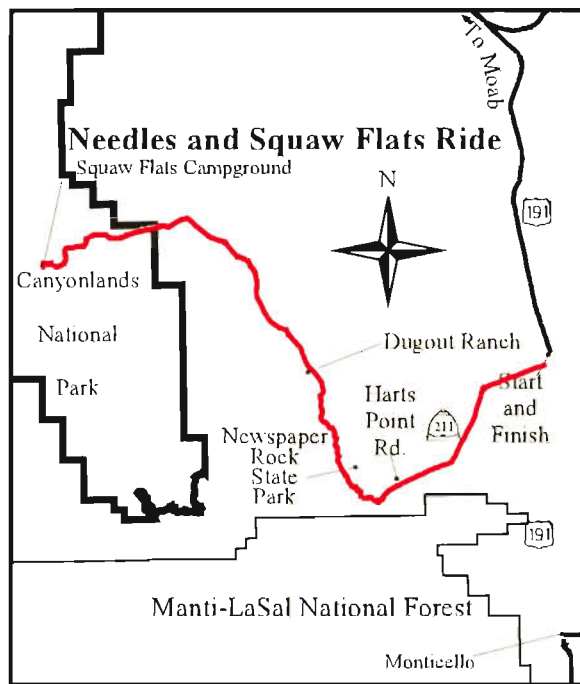
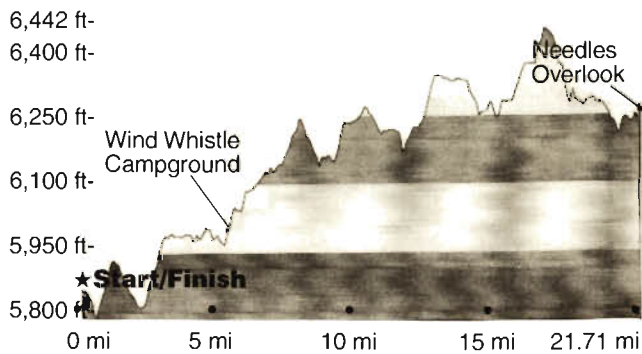




Needles Overlook and Canyon Rims Area

Length: 44 miles round trip - out to the Needles Overlook and back. Start: Junction of Hwy 191 and the road to the Needles Overlook (32.5 mi. south of Poison Spider Bicycles). For a shorter ride, park at the Wind Whistle Campground (6 mi. in from Hwy 191).

The Canyon Rims Area has little visitation, and it is perfect for both mountain and road biking. Two miles into the ride is a large sandstone dome called Jailhouse Rock. Legend has it that a sheriff's posse used the huge, straight-walled cave in the top to hold captured outlaws. Pronghorn antelope are frequently seen in the early parts of this ride as the road travels through rugged, high desert mesas. The ride terminates at a fantastic overlook with Lockhart Basin directly beneath you. In the distance are the colorful sandstone spires of the Needles, and off to the west lay the remote Henry Mountains, the last mountains to be surveyed in the continental U.S.

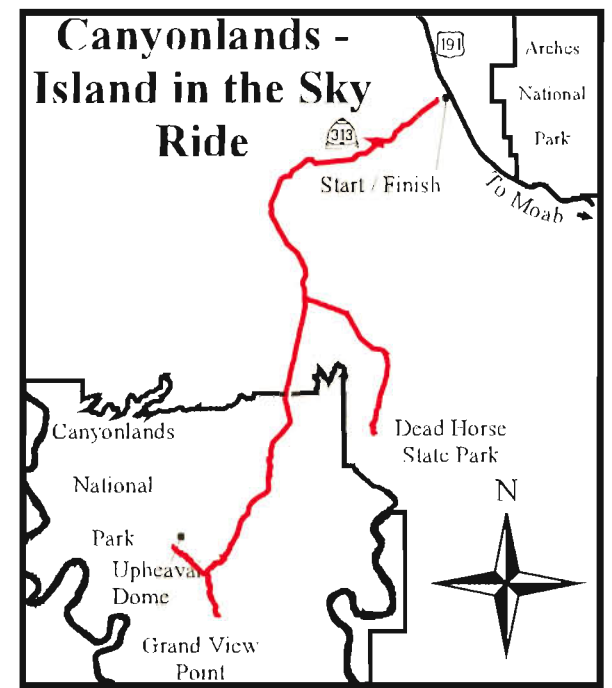
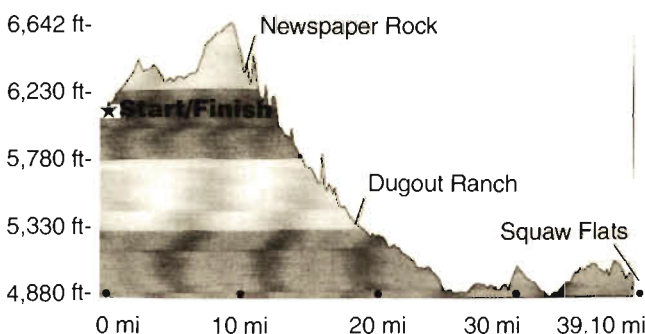


Canyonlands National Park - The Needles District

Length: up to 79 miles round trip - out to Big Spring Canyon Overlook and back

Start: Junction of Hwy 191 and 211 (39.2 miles south of Poison Spider Bicycles). For a shorter ride, we suggest driving farther in on Hwy 211 and parking either at Newspaper Rock (mile 12) or near Dugout Ranch (mile 19). User fee required in National Park.

This tour takes the rider past Newspaper Rock, one of the west's most outstanding displays of Native American rock art. As you're riding, look for other numerous panels of rock art on the right side. Farther along is the world-famous climbing area known as Indian Creek and beyond that the historic Dugout Ranch, one of the first ranches in southeastern Utah and now owned by The Nature Conservancy. Rock formations abound, including the picturesque Six Shooter Buttes and the red and white sandstone spires of the Needles District. You'd think you were in a John Wayne movie! If you have time, explore the numerous hiking trails of the Needles District.

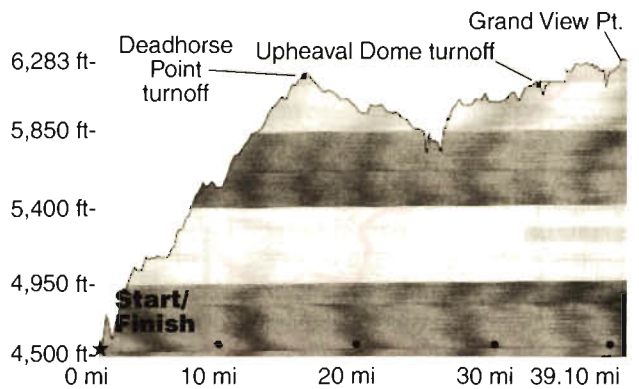


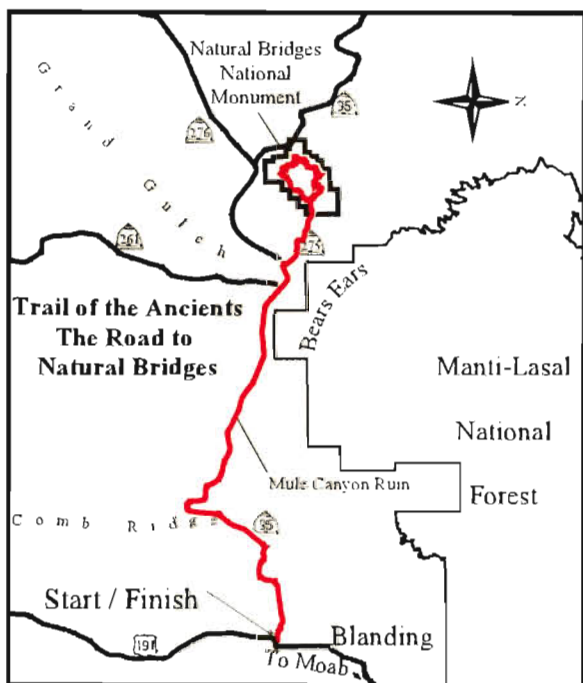
Canyonlands National Park - Island in the Sky

Length: up to 70 miles to Grand View Point and back.

Start: Junction of Hwy 191 and 313 (9 miles north of Poison Spider Bicycles). To avoid most of the climbing drive farther up Hwy 313 and park at the Island in the Sky Visitor Center to make it a 24.5 mi. round trip. User fee required in the National Park.

The ride begins with a gradual ascent through a break in the Moab Fault, the sandstone cliff band that forms the western edge of the Moab Valley. As you climb, look back to the east for great views of the arches and windows in Arches National Park. As you can see from the profile, it is a long steady climb, but once on top of the plateau the views are endless. In the distance are the Henry Mountains, the Maze, the Abajo Mountains, the Needles, and the ever-present La Sals. The ride turns around at Grand View Point, where you look out over Monument Basin and the White Rim. For those with more energy, the 10 mi. round trip to Upheaval Dome is well worth the effort.

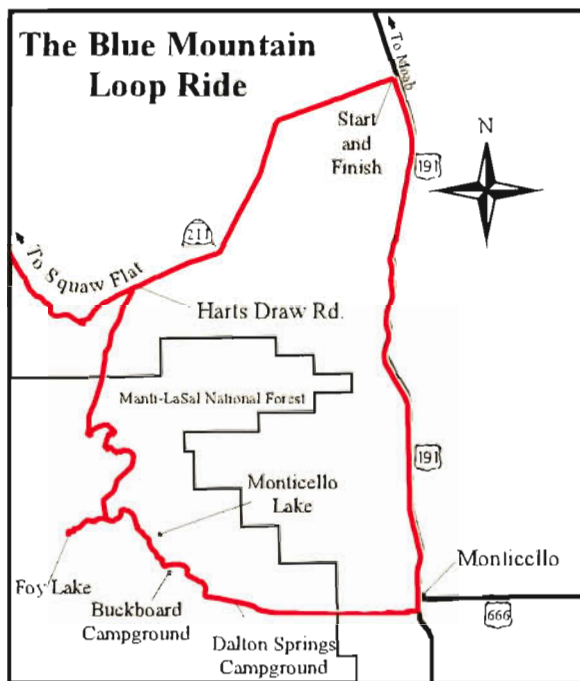
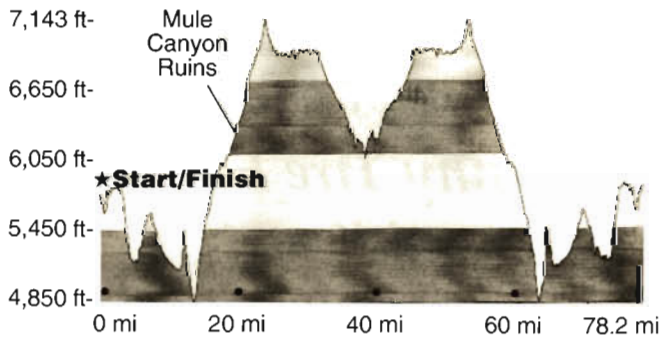




**Trail of the Ancients -
The Road to Natural Bridges National Monument**

Length: up to 79 miles to Natural Bridges Natl. Monument and back. Start: Junction of Hwy 191 and 95 (80 mi. south of Moab and 4 mi. south of Blanding). This challenging ride can be shortened by parking at the Mule Canyon Ruins (20 mi. from Hwy 191). User fee required in National Monument.

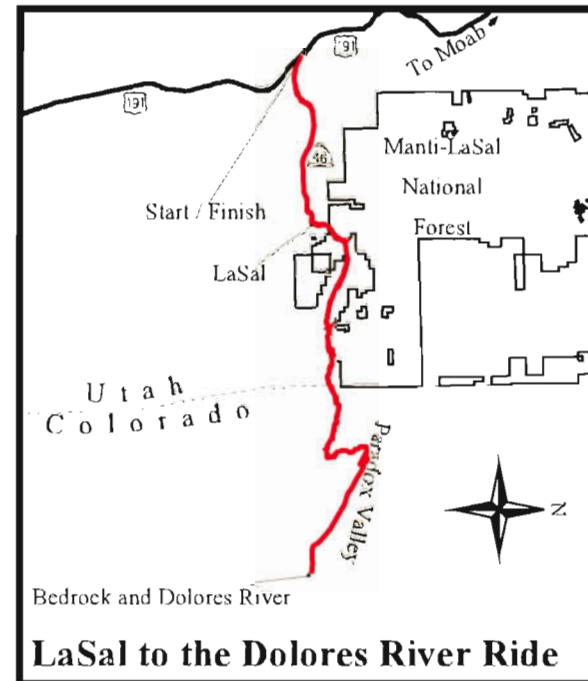
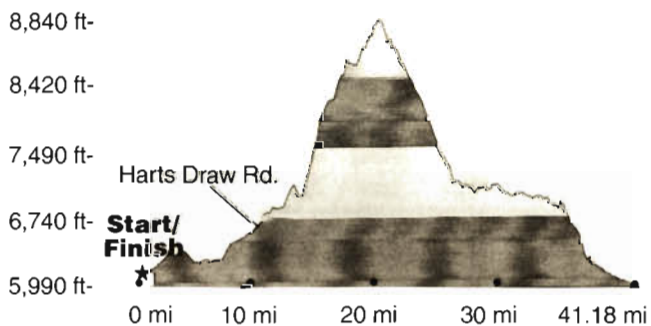
The Trail of the Ancients travels across the Cedar Mesa, an area extremely rich in archeology. Mule Canyon Ruins, an easily accessible site, comes shortly after crossing Comb Ridge. The highlight of the ride is the loop through Natural Bridges Monument. The 8-mile-long Bridge View Drive offers overlooks and access to all three bridges. Unless you are a strong rider, you may want to shorten the ride to have time to explore this unique area. An interesting side note is that the funding for this highway across the Cedar Mesa came from a Utah Bicentennial Highway Grant. This large wilderness area had previously been very remote. The highway project generated heated controversy between developers and environmentalists and inspired Edward Abbey's novel "The Monkey Wrench Gang."



The Blue Mountain Loop

Length: 42 mile loop Start: Junction of Hwy 191 and 211 (39.2 mi. south of Poison Spider Bicycles). For those who want to avoid riding Hwy 191 at the end of the ride, you can shuttle a car to Monticello, or do this ride as an out and back.

From the junction of Hwy 191 and 211, ride 9 1/2 mi. west on Hwy 211 and turn left (south) on the paved road marked Harts Draw (another starting point for a shorter ride). This road climbs steadily into the Abajo Mountains and reaches a high point a little over 8,800 ft. The views looking back over the Indian Creek area and north to the La Sal Mountains are spectacular. In the fall the trees erupt in a kaleidoscope of color. After reaching the top and cruising along through the pines and aspens, the road drops sharply down into Monticello. From the highpoint you may elect to turn around and return on the same route to avoid riding on Hwy 191 or dealing with a car shuttle.



La Sal Junction to the Dolores River

Length: up to 75 miles round trip to Bedrock, Colorado, and back. Start: Junction of Hwy 191 and 46 (22.3 mi. south of Poison Spider Bicycles). This ride can be shortened by turning around at Upper Two Mile Rd. (the high point of the ride at 7,732 ft.) or by driving farther east on Hwy 46 and starting at the La Sal post office and riding to the end of the beautiful La Sal Creek Canyon and back.

This scenic ride has many different faces. You start by climbing the backside of the La Sals with Mt Peale, the tallest peak at 12,721 ft., coming into view at mile 13 near the high point of the ride. You'll then descend into La Sal Creek Canyon, crossing the state line into Colorado. After another short climb you'll drop down into the Paradox Valley to meet the Dolores River. The Dolores, like the Colorado River near Moab, cuts across the valley rather than running down along the valley floor. This geological anomaly inspired the name Paradox. The historic country store at Bedrock is a welcome sight at the turn around point of this ride.

